

# A Declaration & Prayer for Victory Over Trauma

"I am not a victim! I am the child of God. I am chosen. In Jesus' name, I reject any lies telling me I have no value, that I am too dirty, that no one loves me, that there is no hope, that I will always be lonely.

Lord Jesus, wash me, cleanse and cover me with your precious blood.

Father God, please fill me with the Holy Spirit, so I may discern the truth and gain the courage to walk in my true identity.

When I feel victimized, help me remember you sealed me with the Holy Spirit who has positioned me to become an overcomer. I am seated with Christ in heavenly places. I am not a victim. I am an overcomer. Help me embrace my true identity."



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